



16th Edition

Rules 2019

"La Pierre-Jacques en Barétous" named after Pierre Jacques Tillous in memory for his exemplary sportive commitment, is a public sports event in tribute of Pierre Jacques TILLOUS, in remembrance of his exemplary involvement.

1 – Organization

The **16th Edition** of *the Pierre Jacques en BARÉTOUS* is organised on **Saturday 27 July 2019** in **ARAMITS** (Pyrénées-Atlantiques) by the Sports Association Barétous cycling under the guidance of the departmental Committee Ufolep of the Pyrénées-Atlantiques (64) and with the assistance of the Tourist Office of the Valley of Barétous.

The Pierre Jacques in Barétous includes **4** sporting events:

Two timed cycling events with time trial, age categories ratings and a Handisport category:

La Pierre Jacques : 159 kms - Dénivelé de 4100 m
La Soudet-Issarbe : 114 kms - Dénivelé de 2700 m.

The participants on the race "*la Pierre Jacques 159 KMS*" or on the "*La Soudet-Issarbe 114 KMS*" will be able to change course during the race. They will be classified on the race completed.

Two cycling hikes without classification or timing:

La Rando Cyclo La Soudet : 67 Kms - Dénivelé de 1600 m.
La Rando E-BIKE La Soudet: 67 Kms - Dénivelé de 1600 m.

2 – Conditions of participation

The Pierre Jacques en Barétous is open to any cyclist, male or female, of French nationality or not, licensed or not to a French or foreign Federation.

2-1: age conditions

Only people aged **at least 17 years old on the 31-12-2018** can participate in the two timed challenges as well as the two cycling rides of **the Pierre Jacques in Barétous 2019**. People under the age of 18 on the **27th of July 2019** will be required to provide parental consent.

2-2: medical guarantee

2-2-1: In accordance with the sports code, only people with an adapted medical guarantee may participate in the timed challenges:

- Licence allowing competitive cycling of one of the French federations UFOLEP, FFC, fsgt, fftri or FF Handisport (license explicitly containing the mention "medical certificate" (or "medical visit") of no opposition to the practice of competitive cycling (on or off-road).

- Medical certificate for competitive cycling dated from less than a year. This medical certificate is also obligatory for licensees of federations of foreign countries (including for foreign federations affiliated to the UCI).

2-2-2: no medical guarantee (licence or medical certificate) is required to participate in the hikes.

2-3 Specific categories:

2-3-1: professionals: runners or groups contracted with a professional cycling team can register and take advantage of the race infrastructure, but will be out of rankings. A specific ranking can be assigned to them (see with the Organization).

2-3-2: tandems: all events are open to tandems of which one of the cyclists is handicapped and mixed tandems (male/female), aged at least 17 years at **31-12-2018**. There are no tandems-specific rankings.

2-4: equipment and technical regulations

2-4-1: all participants (timed events and hikes) must wear a helmet with UCI standards (rigid hull).

2-4-2: to participate in the timed tests, the equipment must meet the UCI standards. The following are particularly forbidden:

- "Triathlete type" handlebars
- Additional handlebars
- Non-UCI-approved poles and wheels
- Recumbent bikes and electric-powered bicycles. *The propulsion of the bicycle must only be ensured by the legs*

2-5: Insurance guarantees

The Pierre Jacques en Barétous is a sporting event under the guidance of the UFOLEP and is open to non-licensees UFOLEP (licensees of other federations or non-licensees), it is incumbent on the organiser, in accordance with the provisions of the sport code, to subscribe for the day all the risks inherent in their participation.

The organiser (ASB cycling – head office: Mairie 64570 Aramis) and **all the participants** are therefore **covered** by the APAC (insurance sector of the Education League) **in civil liability**, that is, if they create material damage and **bodily harm to a third party**. UFOLEP licensees are also covered in individual accident and repatriation assistance **by the optional APAC**

complementary warranties they have subscribed to. It is up to the other participants (non UFOLEP licensees, foreign competitors...) to subscribe individually an accident individual guarantee **to cover damages not covered by civil liability (important example: "I hurt myself" ...).**

Attention: the damage suffered by the bicycles and the cyclists ' outfits of the participants, either by their fact or by the fact of others engaged, are not met by this insurance (provisions not imposed by the law).

2-6: individual categories and classifications

For timed events, individual classifications will be made according to the following 12 categories, conforming to the national ufolep regulations, age-determined category at **31-12-2018**, except for the category "Handisport", reserved only for licensees at the FF Handisport (irrespective of age). **See annex**

Rankings and diplomas: each competitor who finishes one of the timed events will be classified in the time trial and in his age category. The time will be taken at the back of the Pack and on arrival by electronic chip. Each will be rewarded with a diploma with real time, time trial ranking and ranking in its category.

FFC riders: riders of the 1st and 2nd categories will be classified only for the time trial (and not in their age category).

Tandems category: there are no specific classifications in tandem. Special rewards will be given to these participants.

Electronic timing: it will be carried out by the company **SAS PYRENEES CHRONO 7, route de la Vallée 64400 AREN** with an electronic system with RFID-UHF chips. No deposit is requested against the loan of the chip that each competitor will have to return on arrival with the frame plate (chip glued to the frame plate).

2-7: medical checks

Each participant is likely be subject to a medical anti-doping control (AFLD) according to the legal provisions. He/She will be obliged to submit to it facing otherwise sporting penalties pronounced by the French anti-doping Agency (AFLD).



2-8: respect for the eco-cyclo Charter

The "Pierre Jacques en barétous " has the label " **eco cyclo** ". As such, all competitors or participants must comply with the "ECO CYCLO" Charter:

- 1 - Nature is beautiful and the road is not a trash can, in all circumstances, walk, training or competition, I keep waste and packaging while waiting to reach for the place planned to get rid of it.**
- 2 - I respect the rules of the highway code, my helmet is my most loyal road Companion.**
- 3 - Cycling is a wonderful sport, excellent for health, I will not spoil my chance and these moments of happiness by taking harmful and forbidden medicines.**

"ECO-CYCLO" patrols will be on all routes. **Any participant who throws trash outside areas provided for this purpose (refuelling zones only) will be disqualified.**

3 – safety

Each participant, whether in a timed formula or a hiking formula, must comply with the highway code. It should only use the ground part of the roadway and comply with the prefectural or municipal decrees of the communes crossed, observe the instructions given by the organizers at the start and along the way. **In the event of an infringement, each entrant will be solely responsible for which he or she would be the perpetrator or victim.**

The Director of the event has the power to modify the courses, even during the test if circumstances compel him to do so. Likewise, it may be required to partially or completely neutralize the test with the agreement of the Commissioners.

No trailing car will be allowed on the routes under penalty of immediate exclusion.

Neutralization : from the start place du GUIRAIL to ARAMITS at the TILLOUS cycle shop in arette (about 3.5 kms) **the course will be neutralised and will be done at a reduced pace imposed by the working car and bikers of the organization.** The official check-out will be done in this place. The timing will be triggered when the last competitor of the platoon is passed.

The supervision is ensured by:

- Two working cars marked "ATTENTION cycling race"
- Two broom cars with trailer bike carrier marked "car BROOM" «end of race»
- Motorcycle race marshals.
- Race marshals in the car.
- 2 emergency doctors on the courses (Association of emergency doctors of sokorri – Clinique sokorri -64120 St Palais
- Two ambulances on the routes (1 ambulance following the event – 1 ambulance positioned at the port of Larrau and then at Col de Soudet)
- Flaggers on foot at various non-priority intersections and "risk" sectors.
- A network of **radio amateurs " emergency alert"** covers all the routes. The radio amateurs' locations are marked by a rectangular "RADIO" Panel on the windshield of the car. Doctors, ambulances and the race PC are connected to the amateur radio network.

4 – ASSISTANCE

On the course of the **timed events** volunteers will be placed at the non-priority intersections to assist the engaged, motorcycles and cars of the Organization ensure safety.

An equipped "broom car" will close each course at an average speed of **18 km/h**, according to a schedule based on the difficulties, and will be able to provide small repairs. However, it is recommended that each participant provide his or her own essential material.

After the passage of the broom car, the safety will no longer be assured on the routes. Competitors lined by this vehicle will have to return their bib and frame plate with the electronic chip. They will nevertheless be able to continue the test under their own responsibility or climb into the vehicle, the bike will be deposited in the vehicle.

Out-of-time passages (indicative) :

-After **12.30**pm, at the crossroads of NA140/NA2011 (**km 71**) «port of Iarrau/izalzu/otsagavia », competitors who have taken too long can be eliminated.

The competitors will have to give in their bib and frame plate with the electronic chip. They will be able to continue on their own or climb into the broom vehicle, the bike will be deposited in the vehicle.

-After **1.30** pm at the crossroads D26/D113 (**km 100**) "Ste Engrâce/licq/Iarrau" competitors will be directed to taretts > aramits: course "BarétousRoncal ».

The Commissioners of the broom car, will consider the appropriateness of the Elimination of the competitor according to the delay on the scheduled schedule or its physical State.

5 – commitments – registrations

Categories, see Appendix

The commitment to the test is considered firm and definitive.

5-1: registration for timed events

Any person complying with the required age requirement (cf. § 2-1-1) to participate in one of the timed events must present at the time of registration (mail or Internet or on site):

- **either a full duplex photocopy of the licence authorizing it to engage** (cf. § 2-2-1);
- **a medical certificate of non-opposition to the practice of competitive cycling dated less than one year** (cf. § 2-2-1).

Parental authorization is required for non-major competitors on **July 27, 2019.**

UFOLEP licensees

The UFOLEP risk R5 licence approved for one of the activities: "**cycloport** (code: 26012)" or "**MTB-competition** (code: 26014) or" **combined events with cycling or mountain biking activities** (code: 26022) "to engage in timed events.

The UFOLEP risk R5 licence mentioning only for the activity "**cyclotourism** (code: 26013) or the activity" **MTB – hiking** (code: 26046) does not allow to engage in the timed tests. A medical non-opposition to the practice of competitive cycling of less than one year is obligatory. **This license is mandatory for the registration fee "licensee (s) UFOLEP"**

FFC licensees

Licences FFC **1^{era} c – 2th c – 3th c – Juniors – pass'cycling Open – pass'cycling** or **pass'cycloportive** allow to engage in timed events.

FFC **pass' sport nature – pass'sport Urbain** and **pass'leisure** licences do not allow to engage in timed events. A medical non-opposition to the practice of competitive cycling of less than one year is obligatory.

FFCT licensees

The FFCT license does not allow to engage in timed events. A medical certificate of non-opposition to the practice of competitive cycling of less than one year is obligatory.

Non-licensed or foreign licensees:

May not engage in timed events, only after presentation of a medical certificate of non opposition to the practice of competitive cycling of less than one year is obligatory.

5-2: price of participation.

See costs section.

The amount of the cost includes the registration for the event, the lunch, the individual insurance liability and the shower.

5-2-1: timed proofs

-Registration by post : see entry form and download it on the website www.lapierrejacquesenbare tous.com and send it with the copy of the license and if necessary the medical certificate at the Tourist Office of Barétous 64570 arette – ☎ 05.59.88.95.38.

-Registrations by internet : a partnership contract has been concluded for individual online registrations with **PYRENEES CHRONO** (www.pyreneeschrono.fr) and the promotion of *the Pierre Jacques in barétous*.

-On- site registrations : **If the number of 500 registrations is not reached**, registration on site on Friday **26 July 2019** from 16:00 to 21:00.

-Inscriptions are possible on the day of the event on Saturday 27 July 2019 from 06:30 to 08:00.

Any registration whose medical certificate does not include: " *No opposition to the practice of competitive cycling* " will be refused.

The commitment is firm and definitive and cannot be reimbursed.

The fee demanded includes the admission to the event, the lunch, the individual insurance and the shower.

5-3-3: collective costs

-Rates reserved for clubs (bike, ATV or Triathlon): a discount is offered for timed events only for clubs registering at least 5 persons:members (*see newsletter and upload it to www.lapierrejacquesenbareall.com*).The registrations of the group must be deposited or sent by the Club(*no individual mailing will be taken into account*)at the Tourist Office of Barétous 64570 ARETTE before **July 14, 2019**.After this time, registrations will be treated individually.**Attach the copies of the double-sided license and if necessary medical certificates.**

5-3-4: accompanying meals

It is possible to reserve lunch for the accompanying persons.

6 – removing the bibs, CHRONO chips.

6-1: inscriptions and : withdrawal of material (BIB, transponder, handlebar plate) at **the Hall of the Festival – place de la Mairie in aramits (64):**

- Friday **26th** July from 16:00 to 21:00 and Saturday **27th** July from 6.30 am to 8.00 am.

7 – departures:

-The two timed routes "La Pierre Jacques" and " La Soudet-Issarbe ":

The start of the event, for all competitors, will be given at **8:30** place du guirail à aramits. The journey to ARETTE will be neutralised and will be reduced in speed (20 KMS/hour max) imposed by the working car and the bikers of the organization. The official check-out will be given in front of the TILLOUS store.

Opening of competing airlocks at **08:00 a.m. – controlled entrances**

Prior to the departure to ARAMITS, obligatory passage to the entrance of the Park riders for checks of the equipment (frame plate with electronic chip, bib, helmet, etc ...)

-Hikes: "La RANDO Cyclo La Soudet " and "La RANDO E-BIKE La Soudet ":

Group departure at 8:30 a.m., from the town hall to the rear of the timed platoon.

7-2 – Arrival:

Town Hall Square in ARAMITS.

8 – meals – REFUELLING – other services

-Lunch at the village hall (from 12.30 pm) : hot meal with local products BASCO-Béarnais.

-Refuelling :

- ARETTE : Col de Soudet carrefour CD 132 et 632 – *Solides et liquides*

- LANNE EN BARETOUS: Quartier **Barlanès** « La Chapelle » CD632 – *Solides et liquides*

- LANNE EN BARETOUS: **Station d'Issarbe** - *Solides et liquides*

- LOURDIOS ICHERE : Entrée village « Bourdès » – *Solides et liquides*

- OSSE EN ASPE : Lieu-dit « Arpet » carrefour CD 341 et 441 – *Solides et liquides*

- ARAMITS : Arrivée place de la mairie. – *Liquides*

Other services:

Coffee and pastries for all at the start (village hall in ARAMITS)

Awards for time trials : the first three of the time trials ranking and the first three of each category (non-cumulative rewards)

Tandems rewards

Reward for the Club with the largest number of participants.

Photographic reportage : real-world by volunteer photographers of the organization.

awards ceremony:

The awards ceremony (awarding of trophies and prizes) of "la Pierre Jacques" and "the Barétous Roncal " will take place from 16:00 in the village Hall of aramits.

09 – right to image

The Organization reserves the right to use any photograph or video taken during the event in order to promote *the Pierre Jacques in barétous* (press, websites, various promotional materials). However, according to the data protection act of 6 January 1978 (CNIL), each person has a right of access and rectification to the personal information concerning him. Any participant in *the Pierre Jacques en barétous* wishing to dispose of this right is requested to confirm it in writing (indicating his name, first name, address and if possible his bib number) to the person in charge of the organization.

10 – acceptance of the rules

The inscription to *the Pierre Jacques in barétous* implies acceptance of the rules. The Organisers reserve the right to modify it for reasons of security or unknown occurrences..

11 – information

Information and mailing of entries (with cost cheque) by post to:

Barétous Tourist Office – ***Pierre Jacques en barétous*** – 64570 arette
☎ 05.59.88.95.38

Site internet : www.lapierrejacquesenbareτους.com

E-mail : lapierrejacquesenbareτους@gmail.com