



13^{ème} édition

Rules 2016

The "*Pierre Jacques en Barétous*" named after Pierre Jacques Tillous in memory of his passion and implication in the sport, is a sports challenge open to the public

1 - Organisation

The 13th edition of the "Pierre Jacques en Barétous" is organised for Saturday **29th of July 2017** at Aramits (Atlantic Pyrenees) by the Cycling Association of Barétous under the guidance of the Departmental UFOLEP, the local tourist office and the regional council.

The Pierre Jacques en Barétous is made up of three sporting challenges.

Two timed cycle races with timed sections of the race, categories by age and a handicapped category.

The Pierre Jacques 148kms -4000m (change in altitude 4000m)

The Baretous-Roncal 124kms -2900m (change in altitude 2900m)

The participants on the Pierre Jacques-148kms or the Baretous-Roncal-124kms can change their routes during the race and will be classed according to the circuit completed.

A cycle route without being timed or results recorded is;

The Rando Soudet-Issarbe 56kms -1500m (change in altitude 1500m)

2 : Conditions of participation

The Pierre Jacques en Barétous 2016 is open to all cyclists, male or female, of French nationality or not, licensed or not, to a French or foreign federation.

2-1 : Conditions of age

Only persons aged **at least 17 years on the 31/12/2016** are permitted to participate in the timed races including the Rando Soudet-Issarbe of the "Pierre Jacques en Baretous 2016" irrespective of the length and difficulty of the challenge. Participants under the age of 18 years on the 30th of July 2016 must provide a signed parental agreement.

2-2 : Medical Guarantee

2-2-1: According to the sports code only persons providing the following proof of fitness can participate in the timed races;

- A competitive cycling license of one of the French federations UFOLEP,FFC,FSGT,or FF (which must mention medical visit or medical certificate confirming ability to participate in competitive cycling on and off road)

-A medical certificate consenting to participation in competitive cycling received in the last year. This certificate is also compulsory for licence holders of foreign cycling federations(including federations affiliated to the UCI)

2-2-2 : No medical certificate or license is required for the Rando Soudet-Issarbe.

2-3 : Specific categories

2-3-1: Professional cyclists. French or foreign professional cyclists under contract with a professional cycling team are not permitted.

2-3-2: Tandems. All of the challenges are open to tandems including handicapped riders and mixed teams, aged at least 17 years of age on the **31/12/2016**. There are no specific categories for tandems.

2-4 Equipment and technical rules

2-4-1: It is compulsory for all participants on all of the challenges to wear a helmet of UCI standards.

2-4-2 For the participants of the timed races, all equipment must respect UCI standards. The following are not permitted.

- triathlete handlebars
- additional handlebars
- disc brakes
- all broad spoked wheels and wheels of non UCI standards

-horizontal bikes and electric bikes. The propulsion of the bike must be solely provided by the legs.

2-5: Insurances

The Pierre Jacques en Baretous as a sporting event under the guidance of the UFOLEP open to cyclists adhering or not to other federations, obliges the organiser, conforming to the rules of the code of sport, to take complete responsibility for all of the risks , for the entire day of the race, relating to their actions.

The organiser (ASB cycling (Mairie d'Aramits 64570,France)) and all of the participants are thus covered by the APC for public liability ,that is to say damage caused to equipment or third parties. The licensees of UFOLEP are otherwise covered by individual accident and assistance/repatriation by their license according to the options chosen by the holder at inscription. It is the responsibility of the nonlicensed and foreign participants to organise their own

individual accident insurance to cover anything excluded by the public liability.(important example being personal injury)

Attention Damage caused to bicycles or clothes of the participants caused by themselves or other participants are not covered by the insurance.

2-6 : Catagories and individual results

For the timed races, the individual results will be divided and recorded into the following 12 catagories. This is according to the national rules of the UFOLEP, catagories determined by age on the **31st December 2016**, except for the handicapped section which is reserved for FF Handisport license holders.(without distinction of age)

Catagories (age on 31-12-2016) – UFOLEP national rules		
catagory A1	women 17-39 years inclusive	born 01-01-1977 to 31-12-1999
catagory A2	women 40-49 years inclusive	born 01-01-1968 to 31-12-1977
catagory A3	women 50 years and over	born up to and including 1967
catagory C	men 17-29 years inclusive	born 01-01-1988 to 31-12-1999
catagory D	men 30-39 years inclusive	born 01-01-1978 to 31-12-1987
catagory E	men 40-44 years inclusive	born 01-01-1973 to 31-12-1977
catagory F	men 45-49 years inclusive	born 01-01-1968 to 31-12-1972
catagory G	men 50-54 years inclusive	born 01-01-1963 to 31-12-1967
catagory H	men 55-59 years inclusive	born 01-01-1958 to 31-12-1962
catagory I	men 60-64 years inclusive	born 01-01-1953 to 31-12-1957
catagory J	men 65 and over	born up to and including 1952
catagory Y	Individual Handisport	without age distinction

Finishing positions and Certificates

Each participant on completing one of the timed challenges within the limited time given will be automatically classed in the timed section of the race and within their age catagory. The time will be recorded at the electronic departure gate and on arrival by the microchip. Each participant will be rewarded with a certificate with their time taken, their position for the timed section and their position within their age catagory.

FFC cyclists in the first and second catagories will be classed for the timed section and not within their age catagory.

Tandems have no specific results given. Individual certificates will be given on completion.

The electronic timing will be provided by the business SAS Pyrenees Chrono 7, route de la Vallee, 64400, Aren using microchips RFID-UHF. No deposit is taken for the microchips from the participants which must be returned at the arrival gate along with its attachment.

Results and individual certificates will be downloadable from the 2nd of August on the website of the event: www.lapierrejacquesenbareτους.com

2-7 : medical tests

Every participant is likely to be subjected to a drugs test (AFLD) according to the legal requirements. Each participant is obliged to complete the test on demand or else will face sanctions imposed by the AFLD.

2-8 Respect for the eco-cyclo chart

The Pierre Jacques en Baretous holds the label "eco cyclo". With this label all competitors and participants must adhere to the chart "eco cyclo"

1- Nature is beautiful and the road is not a dustbin, in all circumstances be it for pleasure, training or racing I will keep my wrappers and rubbish until arriving at the designated area to get rid of it.

2- I respect the rules of the road and my helmet is my most loyal companion.

3- Cycling is a wonderful sport, excellent for your health and I will not wreck my chances by taking any unauthorised medication.

Eco-cyclo wardens will be present along the route. **Any competitors caught throwing rubbish out of the designated areas (refreshment stops only) will be disqualified.**

3 : Security

Each participant whether on the timed races or the Rando Soudet-Issarbe must adhere to the rules of the road. He must use only the right hand side of the road, must respect any stop signs and respect any directions given before or during the event by the organisers. In non respect of these rules each participant will be himself responsible for any accidents whether he be the victim or the cause.

The director of the event has the power to modify the route, even during the event if circumstances make it necessary. He can even remove the competitive nature during part or all of the event with the agreement of the judges.

No cars are admitted to follow the riders, this will lead to immediate disqualification.

Controlled grouping. From the point of departure, Place du Guirail at Aramits until the cycle shop Tillous at Arette (approx 3,5km) the races will be kept at a controlled, reduced speed imposed by the leading car and motorbikes. The official departure is at Arette and the timing will begin once the final competitor has passed the electronic departure gate.

The participants are guided by;

-two leading cars marked "attention course cycliste"

-two closing cars marked "voiture balai""fin de course"

-route judges on motorbikes

-route judges in cars

-two emergency doctors on the circuit (the association of doctors, Clinique Sokorri, 64120, St Palais)

-two ambulances (one following the race and one parked firstly at the Port de Larrau and secondly at the Col de Soudet.)

-various people on foot at unclear crossroads and possible difficult spots

-a network of 12 radios on emergency alert will cover the entire route. The positions of these radios will be marked by the sign "radio" on the windscreen of the car. The doctors and ambulances will be linked into the network.

Assistance

Along the route of the timed races people will be positioned at 'non-right of way' crossroads to assist the competitors and motorbikes will assure everyone's safety.

A car marked "balai" will close each route at an average speed of 18km/h, following a plan based on difficulties faced and will assist any breakdowns. It is highly recommended that each cyclist carries his own breakdown pack.

After the car marked "balai" the security will no longer be assured on the route. The competitors overtaken by this vehicle must handover their numbers and microchip. They can then choose to continue the route under their own responsibility or get into the closing vehicle along with their bike.

Time limits

-**After 12.30pm**, at the crossroads on the NA140/NA2011 (km 71) Spain "Port de Larrau/Izalzu/Ochagavia", competitors who are running too far behind can be eliminated. Eliminated competitors must hand in their numbers, their microchip and its holder. They can choose to continue cycling independently or can get into the closing vehicle. The bicycle will be fixed onto a bike trailer.

-**After 2pm**, at the crossroads D26/D113 (km 100) "Ste Engrace/Licq/Larrau" the competitors will be directed onto direction Tardets>Aramits circuit "Baretous Roncal". The judges in the closing car will be the judge of any elimination, in consideration of the time taken and the physical condition of the cyclist.

5- Inscriptions

Attention: The number of competitors is limited to 500.(Inscriptions will close at the 500th)

5-1 Inscriptions for the timed races

All persons respecting the age conditions required (see 2-1-1), wanting to compete must present themselves for inscription either by post, internet or at Aramits with;

-either a complete photocopy, both sides, of their license authorising participation (see 2-2-1)

-or a medical certificate consenting to participation in competitive cycling, dated within the last year (see 2-2-1)

Written parental permission is required for all competitors under the age of 18 on the **29th of July 2017**

Foreign license holders and non license holders:

Can only compete in the timed races after supplying a medical certificate consenting to participation in competitive cycling, dated within the last year.

5-2 Inscriptions for the rando Soudet-Issarbe

All cyclists respecting the age requirements (see 2-1) can participate in the rando Soudet-Issarbe. Competitors under the age of 18 on the **29th of July 2017** must however be accompanied by an adult and supply a written parental consent.

5-3 Competition fees

5-3-1 Timed races

-inscriptions by post; Find and download the application forms on the website www.lapierrejacquesenbareτους.com and send them with a copy of your license and if necessary a medical certificate to the l'Office du Tourisme de Baretous 64570 Arette, France.- telephone 0033(0)559889538. The individual engagement fee is fixed at 29€ for UFOLEP license holders and 32€ for all other types of license/non license holders if the inscription is completed before the **14th of July 2017**. After this date the fee is fixed at 36€ for everyone.

-inscriptions by internet: We have a partnership with SAS PYRENEES CHRONO(www.pyreneeschrono.fr) and VELO101(www.velo101.com) for the inscriptions online and for the publicity of the event.

-inscriptions in person: If the number of 500 competitors has not been reached, inscription is possible on Friday the **28th of July 2017** from 4pm until 9pm.(the fee being fixed at 36€ for all.)
There are no inscriptions on the day of the event.

All inscriptions where the medical certificate does not consent specifically to participation in competitive cycling will be refused.

Once the fee is paid there are no grounds for reimbursement.

Closure of inscriptions; If the limit of 500 competitors has not been reached, inscriptions will close on Friday the 29th of July at 9pm. Therefore it will not be possible to sign up at the village hall, Place de la Mairie in Aramits on Saturday the **29th of July 2017, the day of the event.**

The fee includes inscription costs, lunch, individual public liability insurance and a shower. A welcome gift is given to each participant.

5-3-2 Rando Soudet-Issarbe

The inscription fee is fixed at 19€ for UFOLEP license holders and 22€ for all other licenses and non license holders if the inscription is completed before the **14th of July 2017**. After this date the fee is fixed at 26€. Inscription can be completed by post, by internet VELO101 (www.velo101.com) or SAS PYRENEES CHRONO (www.pyreneeschrono.fr) or in person on Friday the 29th of July 2016 from 4pm until 9pm.If the limit of 500 participants has not been reached. No inscriptions will be accepted on the **29th of July 2017**, the day of the event.

The fee includes inscription costs, lunch,individual public liability insurance and a shower.

5-3-3 Group inscriptions

- Fees reserved for clubs. (cycling,mountain biking or triathlon) A reduction is offered for the timed races uniquely for clubs signing up a minimum of 5 licensed cyclists.The fee is reduced to 26€ (see application form and download on the website www.lapierrejacquesenbareτους.com). Group inscriptions must be completed or sent by the club (no individual applications will benefit

from the reduced fee.) to the tourist office of Barétous, 64570 Arette France before the **14th of July 2017**. Beyond this date inscriptions will be treated individually. Always include copies of each license both sides and if necessary medical certificates.

5-3-4 **lunch for companions**

It is possible to reserve lunch for your companions at the price of 11€. Reservations before the **14th of July 2017**.

6- Collection of numbers,microchips and welcome gift

6-1 **Timed races** Collection of numbers,welcome gift and microchips at the village hall,place de la Mairie,Aramits,France.

-Friday the **28th of July** at 4pm until 9pm and Saturday the **29th of July from 6,30am until 8am**.

6-2 **Rando Soudet-Issarbe** Inscriptions in person are possible at the village hall,place de la Mairie in Aramits,France.

-Friday the 29th of July from 4pm until 9pm and Saturday the 30th of July from 6,30am until 8am.

7- Departure

-The two timed races "Pierre Jacques and Barétous Roncal"

The departure of the event for all competitors will take place at 8,30am, place du Guirail in Aramits. The race will be led at a reduced speed of 20km/h imposed by the leading car and motorbikes until Arette. The official departure is in front of the cycle shop Tillous.

The departure area is open from 8am-restricted access.Before departure at Aramits all equipment will be verified by the judges.(numbers,microchips,helmets etc,,,,,)

-Rando Soudet-Issarbe

Group departure at 8,30am behind the timed races.

7-2 **Arrival**

Place de la Mairie at Aramits,France

8-meal,refreshments

Lunch will be served from 12,30pm in the village hall in Aramits. Generous,hot and using local produce.

Refreshments

-ski station at La Pierre St Martin 29km. Solids and liquids at the old customs building.

-Ustarroz (Spain) 64,5km. Solids and liquids 1,5km before the village.

-Port de Larrau(frontier) 78km. Liquids.

-Larrau 90km. Solids and liquids at the entrance to the village on the Irati crossroads.

-Ste Engrace 105km. Solids and liquids.

-Col de Suscousse 115km. Solids and liquids.

-Aramits arrival. Solids and liquids.

Also included;

A welcome gift is given to every competitor on the timed races.

Coffee and croissants for all at the departure. (village hall, Aramits)

Prizes for the timed races

The first three winners of the timed section and the first three winners of each category will receive a prize.

Prizes will be rewarded for the tandems and for the club which has the most competitors.

A certificate for each cyclist on the timed races will be downloadable on the website from the 2nd of August or sent by post if requested.

Photography

Photos will be taken throughout the day by volunteers.

Closing ceremony

The closing ceremony where the prizes will be awarded will be held from 4pm in the village hall of Aramits.

9 - Rules for the tombola.

A tombola with various prizes (bike, frames etc) will be held by the organisation using the numbers used by the cyclists during the race.

Point 1 : The tickets will be pulled from a hat following the prize giving.

Point 2 : The tombola is reserved uniquely for the participants of the timed races.

Point 3 : To claim the prize the cyclist must be present in person when the tickets are chosen.

Point 4 : The winner must present his number from the race as proof in order to claim the prize.

Point 5 : The prize cannot under any circumstances be taken by a third person.

Point 6 : The prizes won are unable to be changed, reimbursed or modified.

Point 7 : The cyclist must have completed one of the timed races and must appear on the finished list.

Point 8 : The participants of the 'randonnée Soudet-Issarbe' are not included in the tombola.

Point 9 : Litigation and responsibility.

The participation in the tombola implies complete, irreversible and without reserve acceptance of the complete rules listed above.

Any practical difficulty encountered by the organisation will be solved by the organisers without contest. The organisation also withholds the right if need be to cancel or modify the tombola.

Point 10 : Use of information

Information provided by the participants of the tombola will be kept and could be used for any future publicity. Conforming to the law 06/01/1978 article 27 ,each participant of the tombola holds the right of course to withhold or alter their personal information.

10 - Copyright

The organisation reserves the right to use any photographs or video taken during the event for future publicity(newspapers,websites,promotional leaflets etc). According to the law of freedom of information of the 6th of January 1978, each person has the right of access and the right to correct any errors concerning their personal information.

11- Rules of the event

Each participant accepts on inscription to adhere to the rules. The organisers reserve the right to modify the event for security reasons.

12- Information

For further information and to send your inscriptions please write to;

Office du Tourisme de Baretous- Pierre Jacques en Baretous-64570 Arette

telephone 0033(0)559889538

website www.lapierrejacquesenbaretous.com

e mail lapierrejacques4@orange.fr